



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIT KIDS!

at Cross Creek Elementary School

Mondays and Wednesdays

3:15-4:00

\$10 per month

Open to members and non-members

See Christy Glass, School Nurse, for registration.

Fit Kids is a fitness class just for kids! Kids will learn the importance, safety and fun of fitness while being led through an energized class!

